

SPECIAL PROMOTIONS



Submit a picture of a family activity and enter to win a family prize!

Send your picture to ecdjsj@gmail.com. The winning picture will be shared on the Family Friendly website and FSJ's Family Friendly Early Years Facebook page.



Earn a chance to win a FREE individual pizza & pop coupon by participating in one of the Fort St. John Loves Families events Oct. 6th to 13th, 2018. Location: 9508 Alaska Rd. North



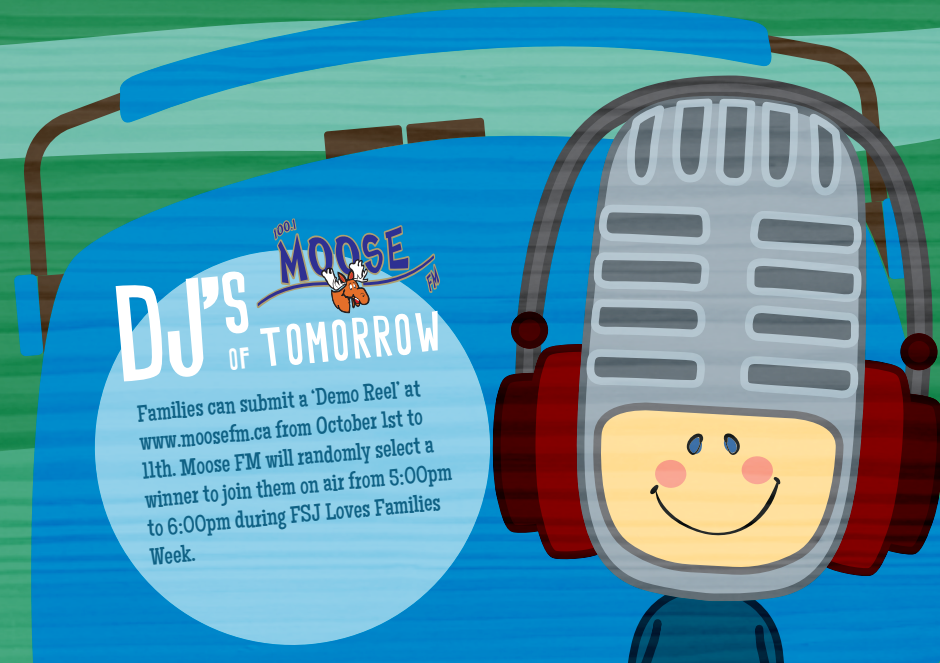
Kids Meals ½ price all week long at Dairy Queen Oct. 6th to 13th, 2018. Location: 10032-101 Ave.



Kids under 12 years old eat FREE with an adult entrée purchase Oct. 6th to 13th, 2018. Location: 11308 Alaska Road.



Mention Fort St. John Loves Families week at M&M Food Market and get 10% off your purchase from October 6th-13th, 2018. Earn a chance to win a Gift Card by participating in one of the Fort St. John Loves Families events. Location: Totem Mall, 9600-93rd Ave.



THANK YOU TO OUR SPONSORS

Boston Pizza	M&M Food Market
Child Care Resource & Referral	Moose FM
City of Fort St. John	Northern Baby Bear Daycare
Community Bridge	Northern Environmental Action Team (NEAT)
Dairy Queen	North Peace Family SuperPark
Engage Sport North	North Peace Gymnastics Association
Fort Bowling Lanes	North Peace Leisure Pool Commission
Fort St. John Child Development Centre	Northern Rockies Karate-do
Fort St. John Fire Department	School District 60
Fort St. John Friendship Centre	Simply Music
Fort St. John Public Library	SUCCESS
Just Jacks	YMCA Ma Murray Care and Early Learning Centre
Heartbreak Acres	

FOR MORE INFO...

Heather McBryan 250-261-6278 | ecdjsj@gmail.com

FSJ.FAMILYFRIENDLYCOMMUNITY.ORG

www.facebook.com/fsjfamilyfriendlyearlyyears/

Success By 6
Helping all children succeed / for life.



FORT ST. JOHN LOVES FAMILIES

A WEEK OF FREE OR LOW COST ACTIVITIES FOR THE WHOLE FAMILY



OCTOBER 6-13

MORE INFORMATION:
fsj.familyfriendlycommunity.org

Success By 6
Helping all children succeed / for life.



SATURDAY OCTOBER 6	SUNDAY OCTOBER 7	TUESDAY OCTOBER 9	TUESDAY OCTOBER 9	THURSDAY OCTOBER 11	THURSDAY OCTOBER 11	FRIDAY OCTOBER 12	SATURDAY OCTOBER 13
<p>10:00am-3:00pm Fire Prevention Activities All Ages</p> <p>Come meet the firefighters, walk through the Fire Safety House and enjoy the activities! Cost: FREE Location: Home Hardware parking lot, 9820-108 St. Weather permitting.</p>	<p>10:30am-11:30am & 11:45am-12:45pm Families in Motion Ages 1-10 years</p> <p>Fun for the whole family! Join Engage Sport North and give gymnastics a try. Cost: FREE, <i>Pre-registration required at npga@telus.net</i> Location: North Peace Gymnastics Association, 10023-95 Ave. Contact: 250-787-5327</p>	<p>9:30am-12:00pm Littles Free Play Day Ages 1-4 years</p> <p>Bring your littles and join the SuperPark for some play! Cost: FREE by registering for a pass. <i>Pre-registration required.</i> Location: North Peace Family SuperPark, 8162-100 Ave. Contact: 250-785-5401</p>	<p>6:00pm-7:30pm Messy Art with Nature Ages 3-5 years</p> <p>Come join Northern Baby Bear Daycare and explore nature and art. Bring your creativeness! Cost: FREE. <i>Pre-registration required.</i> Location: 9304-86th St. Contact: 250-264-7897</p>	<p>9:45am-12:45pm Tumble Time All Ages</p> <p>Bring your family to the Kids Arena Field House for some active play! Crawl through tunnels, play with sports gear and jump on the bouncy castles. Tumble Time has something for everyone! Cost: FREE Location: Kids Arena Field House, 9615-96th Ave. Contact: 250-785-4592</p>	<p>6:00pm-6:30pm Ages 6yrs-8yrs 6:30pm-7:30pm Ages 9yrs-11yrs 7:30pm-9:00pm Ages 12+ Sport Try-It: Karate</p> <p>Fun for the whole family! Join Engage Sport North and Northern Rockies Karate-do for a chance to try karate with a guided leader. Parents are welcome to join in. Cost: FREE Location: 11504-105 Ave. (Ma Murray School). Contact: 250-401-8080</p>	<p>8:30am-11:30am Pajamas and Pancake Breakfast Ages 0-5 years</p> <p>Come to StrongStart for a pancake breakfast! Enjoy playtime, art and stories too! Cost: FREE Location: Duncan Cran StrongStart, 8130-89 Ave. Contact: 250-787-0417</p>	<p>10:00am-12:00pm Family Games Day All Ages</p> <p>Join SUCCESS and play cultural games from around the world. Fun for the whole family! Cost: FREE Location: Child Care Resource & Referral, 10411-100 Ave (side doors). Contact: 250-785-5323</p>
<p>10:00am-3:00pm SuperPark Family Play Day Ages 1-12 years</p> <p>Come enjoy group activities, all day free play in the bouncy house and more! Cost: FREE Location: North Peace Family SuperPark, 8162-100 Ave. Contact: 250-785-5401</p>	<p>1:00pm-2:00pm Special Abilities Open Gym Ages 1-10 years</p> <p>For children of all ages with special abilities and their families. Come join in a mix of free play activities, circuits and more! Cost: FREE, <i>Pre-registration required at npga@telus.net</i> Location: North Peace Gymnastics Association, 10023-95 Ave. Contact: 250-787-5327</p>	<p>11:00am-12:00pm Parent and Tot Skate Ages 0-5 years</p> <p>Gather the children and head to the skating oval for this fun session! Children must be accompanied by care provider that is 16 years of age or older. Cost: FREE Location: Pomeroy Sports Centre, 9324-96 St. Contact: 250-785-4592</p>		<p>10:30am-11:15am Story Time Lions Ages 2-5 years</p> <p>Bring your children and explore stories. Have lots of fun with songs, stories, crafts and puppets! Storytime for kids with the wiggles. Cost: FREE Location: Fort St. John Public Library, 10015-100 Ave. Contact: 250-785-3731</p>	<p>6:00pm-8:00pm Family Gymboree Ages 0-6 years</p> <p>Bring your family to the Friendship Centre for fun in the gym and snack. Cost: FREE Location: Friendship Centre, 10208-95th Ave. Contact: 250-785-8566</p>	<p>8:30am-11:30am Messy Art Ages 1-5 years</p> <p>Come drop into StrongStart and be ready to get messy! Cost: FREE Location: Robert Ogilvie StrongStart, 9907-86 St. Contact: 250-785-3704</p>	<p>10:30am-11:00pm Mother Goose on the Loose Ages 0-3 years</p> <p>Explore early language play with musical instruments, dancing scarves, puppets and more! Cost: FREE Location: Fort St. John Public Library, 10015-100 Ave. Contact: 250-785-3731</p>
<p>10:30am-11:00am Mother Goose on the Loose Ages 0-3 years</p> <p>Explore early language play with musical instruments, dancing scarves, puppets and more! Cost: FREE Location: Fort St. John Public Library, 10015-100 Ave. Contact: 250-785-3731</p>	<p>1:00pm-3:00pm Bouncing Beans All Ages</p> <p>Bring your family to the Kids Arena Field House for some active play! Crawl through tunnels, play with sports gear and jump on the bouncy castles. Cost: FREE Location: Kids Arena Field House, 9615-96th Ave. Contact: 250-785-4592</p>	<p>12:30pm-3:30pm Messy Art Ages 1-5 years</p> <p>Come drop into StrongStart and be ready to get messy! Cost: FREE Location: Robert Ogilvie StrongStart, 9907-86 St. Contact: 250-785-3704</p>	<p>10:30am-11:15am Story Time Mice Ages 2-5 years</p> <p>Bring your children and explore stories. Have lots of fun with songs, stories, crafts and puppets. A calmer choice for storytime. Cost: FREE Location: Fort St. John Public Library, 10015-100 Ave. Contact: 250-785-3731</p>	<p>5:00pm-7:00pm Play and Glow Ages 0-6 years</p> <p>Join the CDC for glowing fun in the Rotary Early Years Play Centre! Children can do glow crafts as well as enjoy outside playtime in the Train Playground. Cost: FREE Location: Child Development Centre, 10417-106th Ave. Contact: 250-785-3200</p>		<p>10:00am-11:30am Sensory Playtime Ages 1-5 years</p> <p>Get your senses going with bubbles, goop and much more! Families will leave with recipes to use at home. Cost: FREE Location: Child Care Resource & Referral, 10411-100 Ave (side doors). Contact: 250-785-5701</p>	<p>11:00am-4:00pm HeartBreak Acres All Ages</p> <p>Get outside with your family and enjoy wagon rides and a petting zoo. (Only 14km out of town). Cost: FREE Location: <i>For a printable map go to familyfriendlycommunity.org.</i> Follow 100th St. past the North Peace Veterinary Clinic. Keep to the right, go through the Montney Coulee and watch for signs on the other side. Contact: 250-785-1021</p>
<p>1:00pm-2:00pm Crafternoon Ages 6-12 years</p> <p>Bring the family to this one crazy hour of super-cool crafting. Dress for a mess! Cost: FREE Location: Fort St. John Public Library, 10015-100 Ave. Contact: 250-785-3731</p>	<p>MONDAY OCTOBER 8</p>	<p>4:30pm-8:00pm “Drive In Movie” From A Box All Ages</p> <p>Bring your family and join NEAT for the 4th Annual Drive in Movie! Make your own recycled car and settle in with your little driver to enjoy watching a movie. Feel free to wear your PJ's! All supplies and popcorn will be provided. Cost: FREE. <i>Pre-registration required.</i> Location: Child Care Resource & Referral, 10411-100 Ave. (side doors). Contact: 250-785-6328</p>	<p>6:30pm-7:30pm Family Pajama Story Time Ages 0-6 years</p> <p>Come dressed in pajamas and join the YMCA Ma Murray for a fun-filled storytime in their daycare. Cost: FREE Location: YMCA Ma Murray Care and Early Learning Centre, 11504-105 Ave. (Ma Murray School). Contact: 250-224-0077</p>	<p>5:00pm-9:00pm Family Bowling All Ages</p> <p>Bring the family and knock down some pins. Cost: Only \$10 per family. <i>Limit of 6 per family (shoe rental included).</i> Location: Fort Bowling Lanes, 10116-104 St. Contact: 250-785-8882</p>		<p>6:00pm-7:00pm Sensory Playtime Ages 1-5 years</p> <p>Get your senses going with bubbles, goop and much more! Families will leave with recipes to use at home. Cost: FREE Location: Child Care Resource & Referral, 10411-100 Ave (side doors). Contact: 250-785-5701</p>	<p>1:00pm-2:00pm Crafternoon Ages 6-12 years</p> <p>Bring the family to this one crazy hour of super cool crafting! Dress for a mess. Cost: FREE Location: Fort St. John Public Library, 10015-100 Ave. Contact: 250-785-3731</p>
<p>3:30pm-5:00pm Star Wars Reads Day All Ages</p> <p>Jedi, Sith, Droids, Ewoks and Wookiees! Drop in for crafts, challenges and more! Cost: FREE Location: Fort St. John Public Library, 10015-100 Ave. Contact: 250-785-3731</p>	<p>1:00pm-4:00pm Free Family Swim All Ages</p> <p>Gather the family and head to the pool! This event is sponsored by the North Peace Leisure Pool Commission. Cost: FREE admission only for those attending the swim together as a family. Location: North Peace Leisure Pool, 9505-100 St. Contact: 250-787-8178</p>	<p>5:30pm-8:00pm Family Photo All Ages</p> <p>Bring your family to Community Bridge and use their costumes to create a fun family portrait. Cost: FREE Location: Community Bridge, 10142-101 Ave. Contact: 250-785-6021</p>				<p>6:30pm-7:30pm Music Jam-A-Long Ages 0-10 years</p> <p>Bring your instruments or just yourselves and join Simply Music for music and fun! Cost: \$10 per family. <i>Pre-registration required.</i> Location: Simply Music, 9013-100 Ave. Contact: 250-785-7070</p>	<p>3:30pm-5:00pm Extreme Family Lego Challenge Ages old enough to play with LEGO, parents must attend with children</p> <p>Your family, your bricks, your builds! Bring your LEGO and your imagination and put your creativity to the test! Cost: FREE. <i>Pre-registration required.</i> Location: Fort St. John Public Library, 10015-100 Ave. Contact: 250-785-3731</p>