



Early Learning Ideas for Home

For the week of **April 29-May 6th**

Things we can do Everyday:

These are activities that you may already be doing or that you can build off of and make them yours. See where it takes you...

- The weather is changing and being outside is so important for everyone's mental health. So go outside in the back yard or just go for a walk even just around the block. If you don't have access to a backyard, get out on your deck.
- Take a book break. Whether after lunch or starting your day. Take a few minutes to sit and read a book to your child.

Playful Literacy Ideas:

Decide which activity you'd like to do or do them all this week.

- Find some blossoms or spring buds on the trees and flower gardens. How many can you find? What is a spring bud? Have a discussion with your child about what's happening to the tree when we see a bud or a new flower shoot in the spring.
- Here's a cute little spring song with a catchy tune and some movement as well. Find it on Youtube. [Spring Is Here Song](#)

Playful Numeracy Ideas:

Decide which activity you'd like to do or do them all this week. Now that we are starting to dig in our gardens and flower beds let's find nurmerance opportunities there.

- Worms: Find some Worms and discuss which is longer?, Which is shorter? Get a ruler and bring numbers into the discussion for the older children.
- Leaves: Sort leaves that you are finding in the backyard (new and old leaves) sort by size, colour and shape even.

Art and Craft Ideas:

- With Spring comes Rainy Days. Here's a raindrop art activity in which you use your breath instead of a paintbrush from Pinterest . [Paint With Your Breath](#)
- Make a Tree with some spring blossoms using Q-Tips! Here's how from Pinterest. [Spring Q-Tip Tree](#)

Some Cool Science:



- This is a super simple science activity about gravity but may just drum up some great language opportunities. Find it here on Pintrest. [Cotton Ball Rain Activity](#)

A Moment for Parents

These are links and/or ideas for parents to support their early learners while at home.

- I have been hearing some parents vent their frustration around homeschooling. I super love this link from the Ministry of Education for parents that are homeschooling and trying to ease that anxiety around it. . [EASE](#)
- Don't forget to take a break when you need it to destress. You can even get the kids involved! Here is a five minute yoga video I found on Pintrest. [Five Minute Yoga Break](#)